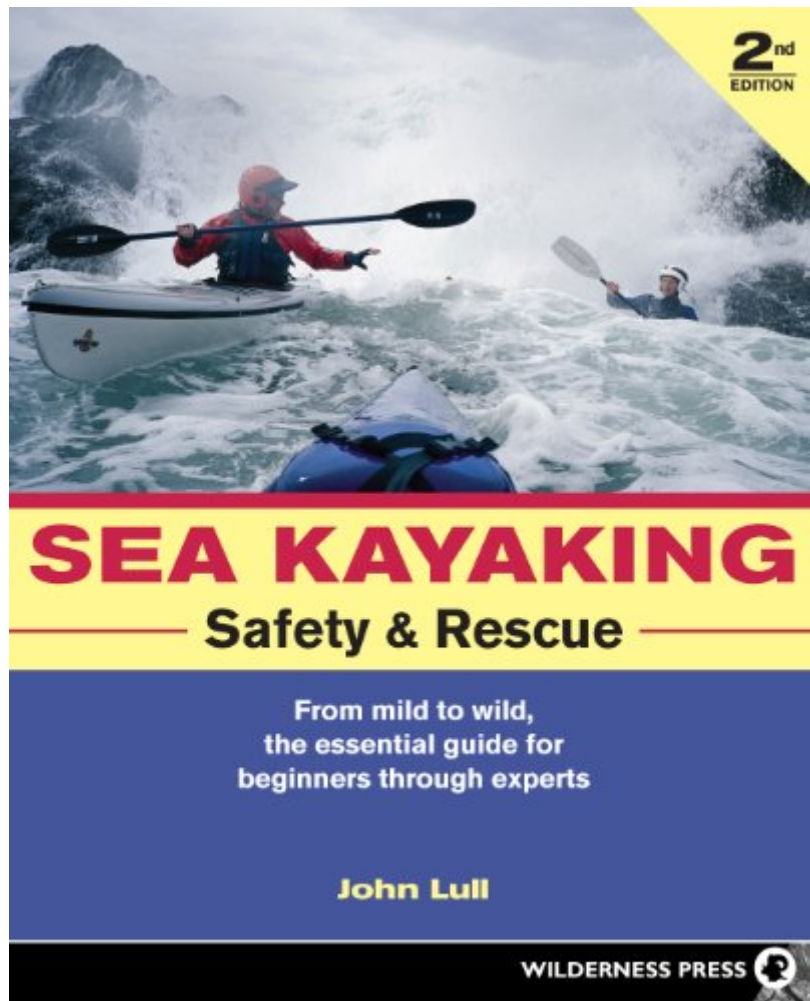


The book was found

# Sea Kayaking Safety And Rescue: From Mild To Wild, The Essential Guide For Beginners Through Experts



## Synopsis

The most comprehensive manual on how to kayak safely in a wide variety of sea environments--from inland waterways to ocean rock gardens, tide rips, surf zones, and the open ocean. Aimed at beginners through experienced kayakers, this book describes how to deal with hazards, not just avoid them, using real-life, extensively tested techniques proven to work. You'll learn fundamental skills for recovery and rescue, and master safe paddling techniques in ocean conditions. Numerous photos accompany step-by-step descriptions of the Eskimo roll, towing methods, self- and partner-rescues, backup strategies, and group dynamics. The second edition has a fresh chapter on fine-tuning your strokes, which will significantly increase kayaking fun and safety.

## Book Information

File Size: 84409 KB

Print Length: 298 pages

Publisher: Wilderness Press; 2nd ed. edition (March 15, 2013)

Publication Date: March 15, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00BSEQNEE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #957,209 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #102

inÂ Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Sea Kayaking #450 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Safety & First Aid #1325 inÂ Books > Health, Fitness & Dieting > Safety & First Aid

## Customer Reviews

This is truly an outstanding book on sea kayaking safety. Very thorough. Very practical. I particularly liked the chapters on Eskimo rolling and great detail on surf technique and issues. An absolute must-read for kayakers aspiring to be expert.

In my opinion the most complete and most up to date book on sea kayak rescues. Highly recommended for any one who paddles solo or takes others out on the sea.

Great book, obviously John writes from a wealth of experience and this is a classic of its genre. Excellent reference on an important subject.

Good info . Makes one think before and not wait until the moment! Worth reading

[Download to continue reading...](#)

Sea Kayaking Safety and Rescue: From mild to wild, the essential guide for beginners through experts Sea Kayaking Safety & Rescue: From Mild to Wild Conditions, the Essential Guide for Beginners Through Experts Guide to Sea Kayaking on Lakes Superior and Michigan: The Best Day Trips and Tours (Regional Sea Kayaking Series) 1st edition by Newman, Bill, Ohmann, Sarah, Dimond, Don (1999) Paperback Sea Kayaking Central and Northern California: The Best Days Trips And Tours From The Lost Coast To Pismo Beach (Regional Sea Kayaking Series) Sea Kayaking: Basic Skills, Paddling Techniques, and Expedition Planning (Mountaineering Outdoor Experts) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Quiet Water Kayaking: A Beginner's Guide to Kayaking IEC 61511-3 Ed. 1.0 b:2004, Functional safety - Safety instrumented systems for the process industry sector - Part 3: Guidance for the determination of the required safety integrity levels Fifty Places to Paddle Before You Die: Kayaking and Rafting Experts Share the World's Greatest Destinations Fifty Places to Paddle Before You Die: Kayaking and Rafting Experts Share the World's Greatest Destinations Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) Whitewater Safety and Rescue: Essential Knowledge For Canoeists, Kayakers, And Raft Guides (Paddling Series) Reiki: The Ultimate Guide to Mastering Reiki for Beginners in 30 minutes or Less! (Reiki - Reiki Healing - Reiki For Beginners - Yoga for Beginners - Meditation ... Beginners - Kundalini For Beginners - Zen) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Rhodie's Guide to Rescue Knots: 3rd Edition of Knots for the Rescue Service Coping with Concussion and Mild Traumatic Brain Injury: A Guide to Living with the Challenges Associated with Post Concussion

Syndrome and Brain Trauma La peticiÃ³n del seÃ±or Baker.: BilogÃ³-a SeÃ±or Baker.  
(BilogÃ³-a SeÃ±or Baker (Segunda parte) nÃº 2) (Spanish Edition) One Hundred Years of  
Valor: Rescue Company 1 New York City Fire Department Rescue 1915-2015 Hostage Rescue  
Team Box Set Vol. I (Hostage Rescue Team Series)

[Dmca](#)